

## Welcome

Welcome to the Pacesetters Newsletter. The Newsletter is now Quarterly with updates as needed throughout the year. This format will be more consistent with other MPPC media and will better serve the slower (summer) periods in the Pacesetters Program year.

Circulation is by handouts at Events, a distribution box near the Pacesetters Bulletin Board in Fellowship Hall, and occasional digital links in other MPPC media.

We'd love feedback. See contact info below

## 1st Quarter 2025 Events

### JANUARY

#### Rev. Dr. Nicole Abdnour

Our senior pastor will speak briefly on older adult programs and ministries

#### Platte Moring

Platte is a member of our church who gave the sermon on August 8th of last year. He is an attorney, an author, a Lieutenant Colonel (Ret.) in the Army's Command Judge Advocate, a Veteran of the Afghanistan Conflict, and a recipient of the Bronze Star, who now teaches in the pre-law programs at the Citadel.

He will present a program titled "A Citizen-Soldier in Afghanistan". His book "Honor First: A Citizen-Soldier in Afghanistan" is a personal narrative of a 45 year-old trial lawyer called up for active military duty as part of Operation Enduring Freedom in Afghanistan. It concerns a citizen-soldier's involvement in the development of the Afghan Constitution, the conflict between Islamic and western cultures, the visit of the 9/11 Commission to Afghanistan, and the problems encountered in state building and military occupation in a war-torn country.

#### Event Particulars

Date: Friday, January 10, 2025  
Gathering: 5:30 / Appetizers  
Meal: 6:00 PM / S&P Catering  
Cost: \$20.00  
Menu: Hoppin Jon plus fixings  
Program: 7:00 Rev. Dr. Nicole Abdnour  
7:20 Platte Moring  
Closing: 8:00 PM

### FEBRUARY

#### A Valentines Celebration w/ Aimie Morris

Aimie Morris will highlight a special event to celebrate Valentines Day. Note the change in date: The second Friday, Valentines Day, is in conflict with those having special plans and with entertainers booked at high profile events.

Aimie is music director at Hibben Methodist. Her background is Music & education. She is also founder and Artistic Director of Charleston Voices Youth Choir. Active in the local arts scene she has performed in Holy City Arts & Lyric Opera's 2022 production of Sondheim's "Into the Woods."

A special meal originally intended for the December event will be served.

#### Event Particulars

Date: Friday, February 7, 2025  
Gathering: 5:30 / Appetizers  
Meal: 6:00 PM / S&P Catering  
Cost: \$20.00  
Menu: Pork Loin & Roast Beef, Mashed Potatoes, Green Beans, Sweet Potatoes, Green Salad, Rolls, Desert  
Program: A Valentines Celebration w/Aimie Morris  
Closing: 8:00 PM

### MARCH

#### St. Patricks Day with Carrol Brown

This might be a *must see event*. Mark your Calendars. It may be offered to the under 55 set; we'll see.

Carrol Brown is a well known musician who performs throughout the southeast specializing in

most genres of popular music, especially Irish. Look him up: <https://carrollbrownmusic.com/>.

Check his “Music Store” for albums along with the “CD Reviews” Tab. He plays at Tommy Condon’s in the Market most Wednesdays, and starting February 4th will be playing First Tuesdays at Dunleavy’s Pub on Sullivans Island.

Carroll has offered to play for free; he usually gets \$10 - \$20 per person. I have offered a modest guaranteed minimum; we will ask a modest “Love Offering” contribution to make it worth his while in coming to us from Camden. I suspect CDs will be available for purchase.

### Event Particulars

Date: Friday, March 14, 2025  
Gathering: 5:30 / Appetizers  
Meal: 6:00 PM / S&P Catering  
Cost: \$20.00  
Menu: An appropriate Irish meal yet to be determined  
Program: 7:00 Carroll Brown Irish Melodies  
Closing: 8:00 PM

## Random Notes

### THE FOOD PROGRAM

**Take Outs:** Can’t eat a full Meal? Take-outs available. Enjoy your appetizer, salad, & desert at table and take the main meal home .

## Ongoing

### ATTENDANCE TRENDS

September:	45 Attendees & 1 Guest
October:	45 Attendees & 2 Guests
November:	27 Attendees & 2 Guests
December:	Cancelled

### FINANCES

#### FY 2024

Jan 2024 Bdgt Request	\$3,036
Spring 2024 Revised Bdgt	\$ 840
EOY Over Budget, About	\$ 232

#### FY 2025

FY 2025 Bdgt Request: \$1,000 Pending

### INITIATIVES

New initiatives slowed to a stop during the holidays. We remain committed to exploring:

- Attendance trends
- Membership rolls to see who we are serving and those we are missing
- Shut-ins to see where we can help
- New members 55 & older. Many do not understand the program.

### OPPORTUNITIES

Many ways exist to support our fellowship. Contact us if interested in any part of our program. Flexible schedules can be arranged.

## About Pacesetters

### WHAT IS PACESETTERS

- A Fellowship for Adults 55 & Older
- Open to all ages and beliefs
- A component of Adult Faith Formation
- Emphasizing fellowship with and caring for one another

### BOARD MEMBERS

Pam Owen-Early	Anne Farmer
Mike Farmer	Jo Ann Hiott
Andy Kay	Nancy Lewis
Susan Mellichamp	

### CATERING

Pamala Reid / S&P Catering / 843-991-4519

### POINTS OF CONTACT

- Contact a board member (See Realm)
- email Andy at [mppcpacesetters@gmail.com](mailto:mppcpacesetters@gmail.com)
- The suggestion box at events

### REQUESTS, COMMENTS, AND INFO

Get information and provide input via:

- eNews
- Pelican
- A Newsletter usually available at the Pacesetters Bulletin Board in Fellowship Hall
- Any of the points of contact listed above